

Surfing or S.U.P. Boarding Lessons



**PLANT
A SEED
HELP IT
GROW!**

WHERE:

SURFARI SURF SCHOOL
3740 MISSION BLVD.
SAN DIEGO, CA 92109
PHONE: 858-337-3287

WHEN:

TWO DAYS TO CHOOSE FROM:

TUESDAY, SEPTEMBER 20, 2016

OR

WEDNESDAY, SEPTEMBER 21, 2016

PROGRAM TIME: 10:30 AM

PROGRAM LENGTH: 2 or 2.5 hours

COST:

Surfing Lesson

(includes surf board & wetsuit rental)

S.U.P Boarding Lesson

(includes paddle board & oar rental)

\$60 Surf / \$30 SUP Board STUDENT

\$57 Surf / \$27 SUP Board CHILD

\$57 Surf / \$27 SUP Board ADULT

(only if participating)

Special Guidelines:

- ◆ Space is limited; first serve.
- ◆ Student/child must be 10 or older and strong swimmer. **(STRICTLY ENFORCED)**
- ◆ Lessons run simultaneously at two different local locations (beach/harbor). If multiple students are registered for two different programs, then a chaperon is required for each program in order for students to participate. **(STRICTLY ENFORCED)**



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Registration Opens: **AUGUST 1, 2016**



Registration Closes: **SEPTEMBER 1, 2016** by 5:00 p.m.

NO late registrations or refunds will be processed after this date. NO EXCEPTIONS

- ◆ **NOTE:** If you have multiple Homeschool students, each Homeschool student must be registered for all Field Trips using their own designated flex fund account. Any duplicate orders for the same field trip on one student's account will not be allowed.
- ◆ All students must be accompanied by a registered adult.

Field Trip Photography Disclaimer: "Please be advised that photographs will be taken at this event for use on the SCS website, marketing materials, and all other SCS publications. If you do not want you or your child to be photographed please advise the Field Trip Coordinator.

PROGRAM INFORMATION

Both programs are approx. 2—2.5 hour in length. Students will start their lesson on the beach to learn about safe surfing / S.U. Paddle Boarding techniques, ocean conditions, rip currents, equipment, and safety do's and don'ts. Instructors will demonstrate how to properly stand on the boards, techniques for getting through the waves, wave judgment, wave timing, and how to catch a wave. Students will then practice on the sand to prepare for the water portion of the program.



Next, students will hit the water where the instructor will help students get the best waves for their level of surfing / S.U.P. Boarding ability with guided water instruction.

Then it's Supervised independent practice time. Designed to reinforce the skills learned during the lesson as students practice what they learned on their own for 60 minutes. Instructors will watch students in the water during this time and offer feedback when students are done.

